

News Release

FOR IMMEDIATE RELEASE

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Personal action to prevent the spread of illness

Webster County and Hamilton County public health officials say they are ready for the coming flu season. “We are working closely with the Iowa Department of Public Health (IDPH) to monitor activity. Locally, we are monitoring schools and working with local providers to keep residents healthy and minimize the potential impact of the flu.” “We have increased our surveillance with local providers in both Hamilton County and Webster County to monitor this new strain of influenza.”

It remains important for everyone to take personal action to prevent the spread of illness especially over the holidays. These steps include cleaning your hands frequently, covering your cough and sneezes with a tissue or your sleeve, and containing germs by staying home when ill, fever free for 24 hours before returning to work or school. In addition to these prevention measures, residents should receive the seasonal influenza vaccination. “By doing these measures Hamilton County and Webster County residents can protect themselves, their families, and their communities from the spread of the seasonal flu virus and this new strain. Please contact Hamilton County Health Department at 515-832-9565 or the Webster County Health Department 515-573-4107 for further information.

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